



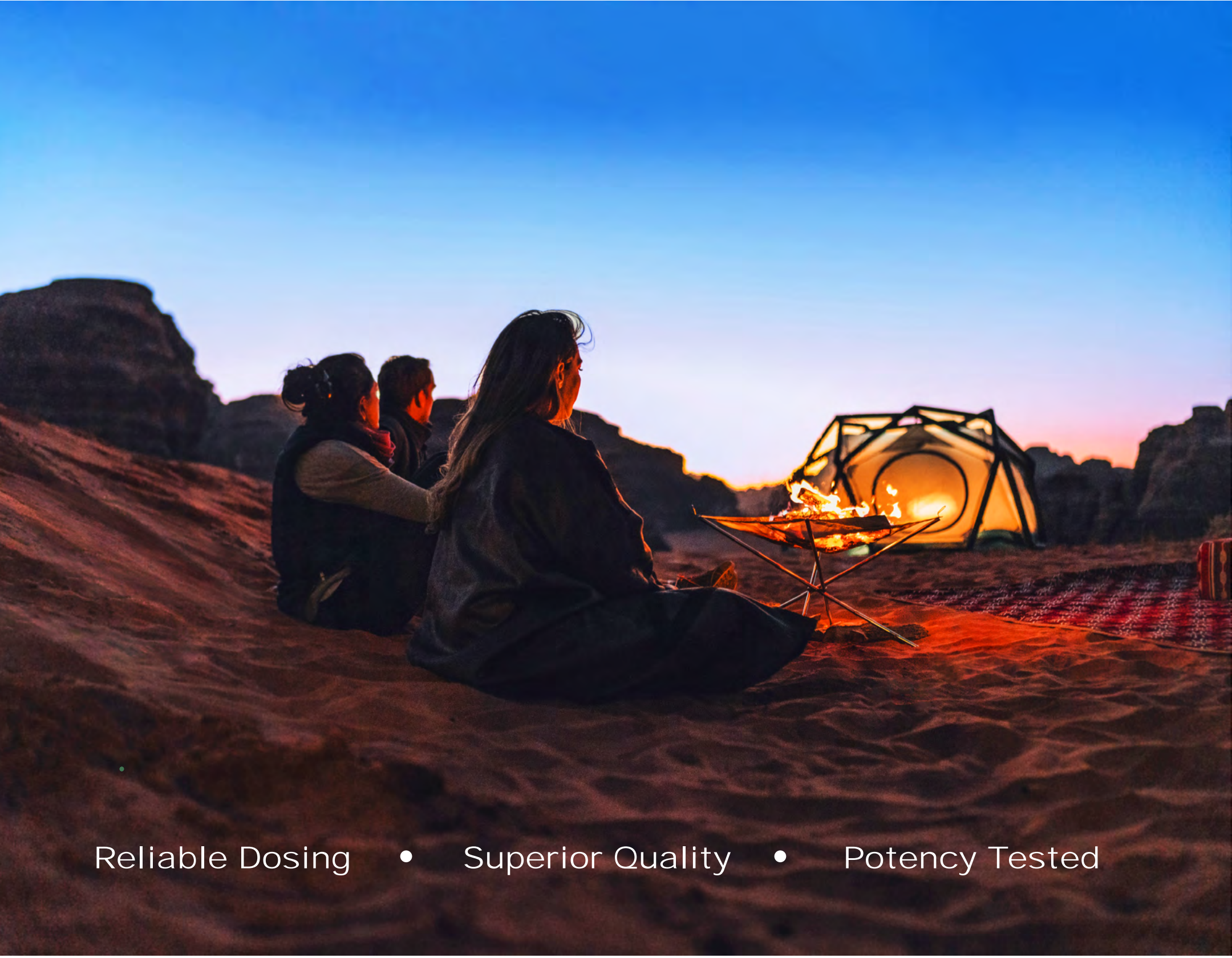
Turtleisland

Vancouver Island Natural Organics



Product Catalogue - Fall 2024

“Sovereign Medicines”



Reliable Dosing



Superior Quality



Potency Tested



ABOUT US

Indigenous peoples' around the world have harnessed the healing properties of Mother Earth and plant-based medicines since the beginning of time, promoting both physical and mental wellness for thousands of years, including the daily maintenance of the 4 elements - body, mind, emotion and spirit. From ceremonial traditions, to self-discovery, to time-tested wholistic wellbeing and healing, these natural gifts offer next-generation wholistic wellness solutions that transcend both time and tradition.

Our Indigenous organization is dedicated to making these remarkable natural, organic wellness gifts accessible to all peoples', where our commitment extends beyond convenience and affordability, we ensure precise testing and dosage values that empower an individual to experience these natural, next-generation wholistic better health solutions.

Mother Earth and plant-based knowledge remains the cornerstone of primary health care today. In fact, an estimated 70 to 80% of all peoples' around the world still rely on traditional plant and earth-based medicines to meet their primary health care needs. Honouring ancient wisdom, that paves the way for a transformative journey toward wholistic wellness and the next-generation of better health for all peoples' worldwide.



**Vegan Capsules made with
100% Organic Ingredients**

100% ORGANIC PREMIUM KRATOM





Vegan Capsules made with 100% Organic Ingredients

Stage 1 - Withdrawal - Red Kratom

Stage 2 - Cravings - Green Kratom

Stage 3 - Daily Maintenance - White Kratom

Super Premium Organic Kratom - 500mg

Empowering Access to Natural Earth and Plant-Based Medicines

At the heart of our mission lies the belief that all peoples' deserve affordable access to the natural healing powers of Mother Earth and plant-based medicinals. This commitment becomes even more critical when addressing the most serious life-threats of drug addiction. Consider Kratom - a natural substance that, when used responsibly and for the shortest duration necessary, can mitigate long-term illicit drugs dependence.

We encourage responsible usage and advocate for consultation with wholistic medicinal caregivers. Join us in fostering a healthier, more connected wholistic wellness world - one where ancient wisdom meets modern wellness, while ensuring safe and the effective utilization of natural, organic medicines

We highly suggest using Stage 3 for two 1-week cycles. On the 2nd week of Stage 3, cut dosage in half daily until you have weened off. ***During this stage we also recommend combining with Neurostack GT 50 or GT 100 Micordose***

We do not recommend continued usage of Kratom past 40 days.

Disclaimer: This information does not constitute medical advice. User assumes all risks and liability when using this product for addiction withdrawal protocols.

100% Super Premium Organic Kratom

500mg Per Capsule

36 Capsules per Bottle

MINO BIMAADIZIWIN - NEUROSTACK 50



Mino Bimaadiziwin Neurostack - 50

A combination of either premium organic Golden Teacher or PE psilocybe cubensis and organic **Lion's Mane** (Hericium erinaceus) mushroom in a convenient capsule.

**** Perfect for beginners to Microdosing Protocols ****

Lion's Mane contains an active substance called erinacine which stimulates the growth of nerves. This is known as NGF (Nerve Growth Factor). When you combine Lion's Mane and psilocybe cubensis you enhance their shared ability to create new neurons and neural pathways in the brain (also known as "Neuro-Stacking").

Benefits: Improve Cognition & Memory, Boost Immune System, Increase Energy, Focus, Clarity, and Enhance Mood

100% Organic Psilocybe Cubensis

**50mg Organic Psilocybe Cubensis +
200mg Organic Lion's Mane Per Capsule**

25 Capsules per Bottle



Vegan Capsules made with 100% Organic Ingredients

MINO BIMAADIZIWIN - NEUROSTACK 100



Mino Bimaadiziwin Neurostack - 100

A combination of either premium organic Golden Teacher or PE psilocybe cubensis and organic **Lion's Mane** (Hericium erinaceus) mushroom in a convenient capsule.

Lion's Mane contains an active substance called erinacine which stimulates the growth of nerves. This is known as NGF (Nerve Growth Factor). When you combine Lion's Mane and psilocybe cubensis you enhance their shared ability to create new neurons and neural pathways in the brain (also known as "Neuro-Stacking").

Benefits: Improve Cognition & Memory, Boost Immune System, Increase Energy, Focus, Clarity, and Enhance Mood

100% Organic Psilocybe Cubensis

**100mg Organic Psilocybe Cubensis +
150mg Organic Lion's Mane Per Capsule**

25 Capsules per Bottle



Vegan Capsules made with 100% Organic Ingredients

MINO BIMAADIZIWIN - MICRODOSE BLENDS





Mino Bimaadiziwin Microdose Blend - 100mg

A combination of either premium organic Golden Teacher or PE psilocybe cubensis and 5 organic functional mushrooms including Lion's Mane, Turkey Tail, Cordyceps, Reishi and Chaga.

The Benefits of our Functional Mushroom Blend;

Lion's Mane - Memory, Clarity, Focus
Turkey Tail - Immune Boosting, Reduce Inflammation
Cordyceps - Energy Boosting, Immunity Boosting
Reishi - Reduce Stress, Anxiety and Inflammation
Chaga - Antioxidant Rich, Overall Immune Support

100% Organic Psilocybe Cubensis

**100mg Organic Psilocybe Cubensis +
150mg Organic Functional Mushroom Blend
Per Capsule**

25 Capsules per Bottle

Vegan Capsules made with 100% Organic Ingredients

MINO BIMAADIZIWIN - MINI-DOSE





Vegan Capsules made with 100% Organic Ingredients

Mino Bimaadiziwin Mini-Dose - 250mg

Psilocybe cubensis has been shown to assist with PTSD, depression, obsessive compulsive disorders, quitting smoking, quitting alcohol addiction, migraine headaches and end of life distress. Many therapeutic applications with psilocybe cubensis offer the individual deeper insight and understanding of emotions & feelings. Positive thoughts, improved energy levels and re-connecting with music, art, nature and self acceptance are all direct benefits of Mini-Doses.

Precisely measured capsules provide accurate & reliable dosages that can be adjusted to the individual patient incrementally.

We highly recommend the supervision from a trained and experienced therapist for all first time users of higher dose psilocybe cubensis.

Dosage Recommendations:

Mild Therapeutic Experience - 3-4 capsules (.75mg-1g)

Medium Therapeutic Experience: 5-7 capsules (1.25g-1.75g)

Strong Therapeutic Experience: 8-10 capsules (2g-2.5g)

100% Organic Psilocybe Cubensis

**250mg Organic Psilocybe Cubensis
Per Capsule**

12 Capsules per Bottle

MINOYAAWAAT - FUNCTIONAL BLENDS





Vegan Capsules made with 100% Organic Ingredients

Minoyaawaat Functional Blends - 300mg

We are proud to add these exciting new products to our line up of functional mushroom capsules for everyone.

LC Lion's Mane & Cordyceps Blend

Specifically formulated to assist in daily maintenance of Autism, ADHD & Fetal Alcohol Syndrome. This blend assists in calming and aids in helping maintain mental focus.

LM Lion's Mane

Lion's Mane (*Hericium Erinaceus*) contains a substance called erinacine, which causes the brain to increase nerve growth factor (NGF). Higher levels of NGF have been shown to reverse the effects of neurodegenerative disorders and dramatically improve cognition.

This product is great for all ages but is specifically recommended for seniors to help with memory, focus, and overall brain health with aging.

100% Highest Quality Organic Functional Mushrooms

LC - 200mg Organic Lion's Mane + 100mg Organic Cordyceps Per Capsule

LM - 300mg Organic Lion's Mane Per Capsule
25 Capsules per Bottle



Journey to Next-Generation Wholistic Wellness

"in sync wholistic wellbeing of mind, body, emotion and spirit"



Turtle Island

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“Sovereign Medicines”

CONTACT US

Please feel free to reach out to us if you have any questions about our products.

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