

About Our Functional Mushrooms



Lion's Mane

- Improve Focus, Memory, and Clarity
- Support Nerve Health and Recovery
- Help Alleviate Anxiety and Depression
- Boost the Immune System
- Aid in Heart and Circulatory Health
- Great Source of B Vitamins, Zinc, Potassium and Iron



Turkey Tail

- Boost the Immune System
- Reduce Inflammation
- Rich in Antioxidants
- Beneficial for Overall Liver Function
- Stimulate Release of Protective Compounds
- Contains Natural Prebiotics to Help Support Gut Health



Cordyceps

- Increase Energy
- Improve Respiratory Health
- Boost Immune Cellular System Response
- Reduce Inflammation
- Enhance Physical Performance
- Improve Memory, Brain Health, and Antioxidant Activity



Reishi

- Boost the Immune System
- Improve Sleep
- Manage Stress and Anxiety
- Reduce Inflammation and Fatigue
- Support Nerve Health and Recovery
- Great Source of Beta Carotene, Vitamin E, C and D, as well as B Vitamins



Chaga

- Rich in Antioxidants
- Support Immune Function
- Reduce Inflammation
- Great Source of Beta Glucans, Vitamin D, Zinc, B Vitamins, Copper, Manganese, and Potassium.

About Us

Indigenous peoples around the world have harnessed the healing properties of earth and plant-based medicines since the beginning of time, for both physical and mental well being. These medicines support the daily maintenance of both body and mind. From ceremonial traditions, self discovery and wholistic healing, these natural treasures nurture the 4 elements: body, mind, emotion and spirituality. Our First Nations organization is dedicated to making these remarkable organic products accessible to all peoples. Our commitment extends well beyond convenience and affordability, we combine Premium Organic ingredients in precise dosages to ensure superior results and reliability.

Our natural products empower the individual to truly experience ancient wholistic healing and life changing health solutions. Mother Earth and plant-based knowledge remains the cornerstone of primary healthcare worldwide. In fact, an estimated 70 to 80% of all people around the world today still rely on traditional plant and earth-based medicines to meet their primary healthcare needs. We honor this ancient knowledge, paving the way for a transformative journey towards wholistic well-being and a healthier future.

Made with 100% Premium Organic ingredients and Vegan Capsules.

Fall 2024

PRODUCT BROCHURE

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Turtle Island

Vancouver Island Natural Organics
"Sovereign Medicines"



100% Earth Based
Organic Addiction
Recovery & Microdose

Premium Organic Kratom Addiction Recovery Formulations

Warrior

Each Capsule Contains: 500mg of High Quality Premium Organic Red Kratom

This is our **1st Stage** formulation to assist in early-stage opioid, alcohol & illicit drug withdrawal. This strain is characterized by its strong relieving and mood uplifting effects. Warrior is best suited for the earliest stages of opioid and alcohol withdrawal. It often provides a warm feeling of relief and relaxation.

Disclaimer: This information does not constitute medical advice. User assumes all risks and liability when using this product for addiction withdrawal protocols.

Stage 1



Each capsule contains Premium Organic Red Maeng Da Kratom. 36 capsules x 500mg

Mino Bimaadiziwin - Neurostack - GT⁵⁰

Each capsule contains; Either Golden Teacher or PE Premium organic psilocybe cubensis fruiting body powder combined with Lion's Mane mushrooms.

Psilocybe Cubensis 50mg
Lion's Mane..... 200mg

Microdose Strength



Benefits: Boost Immune System, Increase Energy, Focus, Cognition, Clarity, Memory and Improve Mood



25 Capsules x 250mg

Minoyaawaat - LC

Each capsule contains; High quality, organic Lion's Mane and Cordyceps mushrooms.

Lion's Mane..... 200mg
Cordyceps..... 100mg

We are proud to add this exciting new product to our line up of functional mushroom capsules for everyone.

LC - Lion's Mane & Cordyceps Blend
Specifically formulated to assist in daily maintenance of Autism, ADHD & Fetal Alcohol Syndrome. This blend assists in calming and aids in helping maintain mental focus.



25 Capsules x 300mg

Anishinaabemaadziwin

Each Capsule Contains: 500mg of Premium Green Kratom

This is our **2nd Stage** formulation to assist in early-stage opioid, alcohol & illicit drug withdrawal. This strain is characterized by its strong, energetic yet peaceful effects. Stage 2 provides feelings of motivation as well as energy.

Disclaimer: This information does not constitute medical advice. User assumes all risks and liability when using this product for addiction withdrawal protocols.

Stage 2



Each capsule contains Premium Organic Green Thai Kratom. 36 capsules x 500mg

Mino Bimaadiziwin - Neurostack - GT¹⁰⁰

Each capsule contains; Either Golden Teacher or PE Premium organic psilocybe cubensis fruiting body powder combined with Lion's Mane mushrooms.

Psilocybe Cubensis 50mg
Lion's Mane..... 200mg

Microdose Strength



Benefits: Boost Immune System, Increase Energy, Focus, Cognition, Clarity, Memory and Improve Mood



25 Capsules x 250mg

Minoyaawaat - LM

Each capsule contains; High quality, organic Lion's Mane mushrooms.

Lion's Mane..... 300mg

LM Lion's Mane
Lion's Mane (Hericium Erinaceus) contains a substance called erinacine, which causes the brain to increase nerve growth factor (NGF). Higher levels of NGF have been shown to reverse the effects of neurodegenerative disorders and dramatically improve cognition.

This product is great for all ages but is highly recommended for seniors to help with memory, focus, and overall brain health with aging.



25 Capsules x 300mg

Mino Giizhigad

Each Capsule Contains: 500mg of Premium White Kratom

This is our **3rd Stage** formulation to assist in early-stage opioid, alcohol & illicit drug withdrawal. This strain is characterized by its strong motivating and focus enhancing effects. Ideal for the 3rd stage of our Kratom Line because it helps keep you on the path to recovery.

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Stage 3



Each capsule contains Premium Organic White Thai Kratom. 36 capsules x 500mg

Mino Bimaadiziwin - Blends¹⁰⁰

Each capsule contains; Golden Teacher or PE premium organic psilocybe cubensis fruiting body powder combined with 5 functional mushrooms.

Psilocybe Cubensis 100mg
Lion's Mane..... 30mg
Cordyceps 30mg
Reishi 30mg
Chaga 30mg
Turkey Tail 30mg

Microdose Strength



Benefits: Boost Immune System, Increase Energy, Focus, Cognition, Clarity and Memory



25 Capsules x 250mg

Mino Bimaadiziwin - 250

Each capsule contains; 250mg Premium organic, Strain Specific psilocybe cubensis fruiting body powder.

Psilocybe cubensis has been shown to assist with PTSD, depression, obsessive compulsive disorders, quitting smoking, quitting alcohol addiction, migraine headaches and end of life distress. Positive thoughts, improved energy levels and re-connecting with music, art, nature and self acceptance are all direct benefits of Mini-Doses.

We highly recommend the supervision from a trained and experienced therapist for all first time users of high dose psilocybe cubensis.



25 Capsules x 250mg